



# POST ROCK DISTRICT 4-H NEWSLETTER FEBRUARY 2025

📶 POSTROCK.KSU.EDU    📧 POSTROCK4H@KSU.EDU

## JUDGING EXTRAVAGANZA IS PART OF 4-H DAY

New in 2025, we are expanding the judging contests that are part of 4-H Day into a Judging Extravaganza! Judging Extravaganza is a come-and-go experience. There is no pre-registration required for these contests. Youth will participate individually, yet an optional team competition of four members will be available. Study guides for each judging contest is available at [www.postrock.k-state.edu/4-h/events/judging-extravaganza/](http://www.postrock.k-state.edu/4-h/events/judging-extravaganza/). Judging Extravaganza is a great district-level activity for your achievement pin applications. The contests have been strategically planned to also compliment your project records. As an example, a life skills contest benefits all youth and can be specifically noted on any project record. An animal science related contest can be noted on any livestock or pet record. Be sure to ask your 4-H Program Coordinator for tips about listing these experiences on your project record reports!

## 4-H DAY IS QUICKLY APPROACHING

- **4-H Day #1:** Beloit United Methodist Church on Saturday, February 8. Communication contests start at 8:00 a.m. **Registration deadline is January 30. Call the office to discuss late registration.**
- **4-H Day #2:** Osborne Jr./Sr. High School on Monday, March 3. Communication contests start at 4:30 p.m. **Registration deadline is February 19.**
- **Virtual Entries:** It is strongly encouraged to compete at a 4-H Day in-person event. If your schedule does not allow, there are some contests that are available for virtual entry. Review the Virtual Entry Expectations for details. **Registration deadline is February 19.**
- **2025 Post Rock District 4-H Day Guide:** Review the guide to determine what contests to participate in. It includes the contest rules and other event details. Review the guide and register at [www.postrock.k-state.edu/4-h/events/4-hday/](http://www.postrock.k-state.edu/4-h/events/4-hday/).



**Register  
today!**



Post Rock 4-H



Kansas 4-H



4-H Online

**K-STATE**  
Research and Extension



Post Rock  
District

1

# JEWELL COUNTY CLOVER CONNECTION

📍 POSTROCK.KSU.EDU

📞 (785)378-3174

✉️ TIUNDERW@KSU.EDU

TONIA UNDERWOOD, 4-H PROGRAM COORDINATOR

## SAVE THE DATE FOR FAIR!

**The 2025 Jewell County Fair  
is July 10-13!**

### JEWELL COUNTY 4-H/FFA LIVESTOCK TAGS

Tags are available in the office and will also be available at weigh-ins. Please note that EID tags can not be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal's ear. Jewell County 4-H/FFA tags are free; \$3.50 for beef EID tags; and \$2.75 for small animal EID tags.

### JEWELL COUNTY 4-H/FFA BEEF WEIGH-IN

Beef weigh-in is Sunday, February 16, beginning at 3:00 p.m. at the Mankato Sale Barn.

### WHAT IS 4-H DAY?

Post Rock District 4-H Day is an annual competitive event where 4-H youth can showcase their talents in music, drama, dance, reading, and public speaking. 4-H members have the opportunity to participate in club, individual, and/or team activities. Youth have fun, develop self-confidence, and build communication skills when they participate in 4-H Day. Make plans to participate in Post Rock District 4-H Day in Beloit on February 8 or in Osborne on March 3!

### CONGRATULATIONS

Congratulations to Lenden Worm for being selected to send his Electrical and Renewable Energy Project Record on to State Judging!

## 4-H COUNCIL NEWS

- Jewell County 4-H Council is looking for a **Food Stand Manager for the 2025 County Fair**. A committee was appointed to hire a manager. If you know someone interested in this role, contact Tonia for more details.
- **The next Jewell County 4-H Council Meeting is February 17 at the Courthouse starting at 7:00 p.m.**
- Start thinking about Fair Themes for the 2025 Jewell County Fair!

### SHARE CLUB HIGHLIGHTS

Jewell County 4-H Clubs, please share photos and highlights of your activities. Please send them to [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu). Thanks!




The Prairie Shooters 4-H Club was runner-up for the Outstanding Club Award at the Post Rock District Quiz Bowl.



First-place team honors went to Brainiacs on the Prairie at the Post Rock District Quiz Bowl.

# LINCOLN COUNTY CLOVER CONNECTION

 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)

 (785)524-4432

 [CEMORRICAL@KSU.EDU](mailto:CEMORRICAL@KSU.EDU)

CARLA MORRICAL, 4-H PROGRAM COORDINATOR

## POST ROCK DISTRICT 4-H DAY

Post Rock District 4-H Day & Judging Extravaganza is Saturday, February 8th in Beloit beginning at 8 a.m. Registration deadline is January 30th. A second opportunity is Monday, March 3rd beginning at 4:30 p.m. in Osborne. Registration deadline is February 19th. This is a great opportunity to showcase your public speaking skills & sharpen your judging skills. Make plans to participate.

## LINCOLN COUNTY WEIGH INS

Beef Weigh In - Saturday, February 22  
at Sylvan Sale Barn - 10 to 11 a.m.

(Backup date is March 1, 2025)

Small Animal Weigh In - Saturday, April 26  
Lincoln County Fair Grounds - 10 a.m.

## LINCOLN COUNTY 4-H/FFA TAGS

Tags are available in the office for purchase and will also be available at weigh-ins. Please note that EID tags can not be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal's ear. 4-H/FFA tags are \$1.00 for Lincoln County tags, \$3.50 for beef EID tags and \$2.75 for small animal EID tags.

## Carla's Office Hours

Carla is in the office on  
Tuesdays and Wednesdays  
8 a.m. to 4:30 p.m.



## FARM SHOW: FEBRUARY 15

### MEMBER/CLUB BOOTHS NEEDED

The Farm Show in Vesper is February 15. 4-H clubs and members have been asked to provide booths to share your project and community work! 4-H will not be charged to have a booth. Sign up with the community center!

## LINCOLN COUNTY FAIR

**JULY 13-20, 2025**

Plan to participate in the Lincoln County Fair this year from July 13 - 20, 2025. This year's theme is "Aloha".

## 4-H COUNCIL MEETING

The next 4-H Council meeting is Wednesday, February 26th at 6:30 p.m. at the Senior Center.



Lincoln County Senior Quiz Bowl team,  
"All for One", won 2nd place.

**Our office will be closed on Monday,  
February 17th, for Presidents' Day.**

# MITCHELL COUNTY CLOVER CONNECTION

📧 POSTROCK.KSU.EDU

📞 (785)738-3597

✉️ DJBECHARD@KSU.EDU

DENAE BECHARD, OFFICE PROFESSIONAL

## MITCHELL COUNTY 4-H/FFA BEEF WEIGH-IN

Beef weigh in will be Wednesday, **February 12** at Solomon Valley Veterinary Hospital from **4:00 - 6:00 p.m.**

## MITCHELL COUNTY 4-H/FFA SMALL ANIMAL WEIGH-IN

Small animal weigh-in is on Wednesday, **April 16 from 4:00 to 6:00 p.m.** at the Mitchell County Fairgrounds.

## MITCHELL COUNTY 4-H/FFA LIVESTOCK TAGS

Reminder: **EID tags cannot be sold over the counter.** A Post Rock District staff member must be present and observe all EID tags being placed in the animal's ear. Mitchell County 4-H tags are free, \$3.50 for beef EID tags, and \$2.75 for small animal EID tags. Tags are available to pick up at the Extension office and during weigh ins!

## OFFICE HOURS

*In case you missed it, the Beloit Extension office hours changed at the beginning of the year. The office is open from 8 a.m. - 12 p.m., (closed 30 mins for lunch) and then open from 12:30 p.m. to 4:30 p.m. Please keep the earlier closing time in mind as we approach fair deadlines, and for access to livestock tags, photography supplies, etc!*

## SAVE THE DATE FOR FAIR!

**The 2025 Mitchell County Fair  
is July 23-26!**

## 4-H COUNCIL NEWS

- The Mitchell County 4-H Council will have a meeting on **March 24** at the First Bank of Beloit meeting room beginning at 7:00 p.m.
- **Fair Theme:** Council representatives will be asking their 4-H clubs for fair theme ideas! **Each club is asked to email DeNae (djbechard@ksu.edu) 2 or 3 fair theme ideas by Feb 14th.** An email poll will be sent the following week and the final theme will be chosen by vote ending on Feb 28th!

## TONIA'S ROLE TRANSITIONING IN 2025


Tonia will be transitioning into a new role within Post Rock District and will no longer have set responsibilities within Mitchell Co. 4-H. She remains a resource for 4-H and is happy to help, though her job expectations are changing. Moving forward, please contact DeNae in the Beloit Extension office with 4-H questions, concerns, etc. DeNae, Cassie, and Blaire will split MC 4-H responsibilities moving forward.

## CONGRATULATIONS

Congratulations to Norah Ellenz and Kayley McGuire for being selected to send Project Records on to State Judging! Norah Ellenz's Project Record is in Health and Wellness and Kayley McGuire's is in Photography.

# OSBORNE COUNTY CLOVER CONNECTION

 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)

 (785)346-2521

 [KIMN@KSU.EDU](mailto:KIMN@KSU.EDU)

KIM NABER, 4-H PROGRAM COORDINATOR

## POST ROCK DISTRICT 4-H DAY AND JUDGING EXTRAVAGANZA

Sign up your entries in one of the upcoming Post Rock District 4-H Days. Contest information and registration links are on the Post Rock District website. Judging Extravaganza judging opportunities are available at both locations.

**Saturday, February 8th, 8:00 a.m.** - Beloit United Methodist Church, registration deadline January 30th.

**Monday, March 3rd, 4:30 p.m.** - Osborne High School, registration deadline February 19th

## 2025 FAIR SUPERINTENDENT SIGN UP

We need your help! Please sign up to serve as an Osborne County 4-H adult superintendent. Youth can sign up to serve as a junior superintendent. Volunteering as a superintendent is a great opportunity to get to know other 4-H members and learn more about a specific project. No experience necessary. Sign-up opens February 1st.



QR Code for 2025 Osborne County Fair Superintendent Sign-up

## NEW OSBORNE OFFICE HOURS

The Osborne Extension Office hours are from 8:00 a.m. to 12:30 p.m. and 1:00 p.m. to 4:30 p.m. The office is closed from 12:30 p.m. to 1:00 p.m. for lunch.

## SAVE THE DATE OSBORNE COUNTY FAIR



Osborne County Fair  
July 23rd - 26th, 2025  
Theme - Stars, Stripes & Summer Nights

## 2025 OSBORNE COUNTY MARKET BEEF WEIGH-IN SUNDAY, FEBRUARY 23, 2025

4:00 p.m. - 5:30 p.m.  
Osborne Sale Barn

Market Beef Weigh-in is optional but any 4-H/FFA member wishing to participate in the Market Beef Rate of Gain contest will need to bring their market beef on **Sunday, February 23** to get weighed. Bucket calves will be tagged at the Osborne County Small Animal Weigh-in in April.

## 2025 OSBORNE COUNTY LIVESTOCK TAGS

County fair livestock tags are available in the office for purchase and will also be available at Osborne County weigh-ins.

Please note that EID tags required for livestock projects nominated for the Kansas State Fair Grand Drive shows and/or Kansas Junior Livestock Show, can not be sold over the counter. A Post Rock District staff member must be present and observe all EID tags being placed in the animal's ear. Beef EID tags are \$3.50 each and small animal EID tags are \$2.75 each.

## OSBORNE COUNTY 4-H COUNCIL MEETING THURSDAY, February 20, 2025

7:00 p.m. Osborne Extension Office

## COUNTY WIDE COMMITTEE MEETINGS

Rules Committee and Premium Auction  
Thursday, February 20, 2025  
6:00 p.m. Osborne Extension Office

## OSBORNE COUNTY YOUTH SELECTED FOR JAPAN INTERNATIONAL EXCHANGE PROGRAM

Congratulations to Zane Betzold! Zane has been selected by the States' 4-H International Exchange and Kansas 4-H. Zane will be a delegate in the 2025 Japan 8 week Summer Outbound Program.



# SMITH COUNTY CLOVER CONNECTION

📍 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)

📞 (785)282-6823

✉ [OVERMILLER@KSU.EDU](mailto:OVERMILLER@KSU.EDU)

RISA OVERMILLER, 4-H PROGRAM COORDINATOR

## 4-H Day/Judging Extravaganza

Get ready to showcase your communication skills at the 4-H Day events! 4-H Day is a great opportunity for Post Rock District 4-H members to develop and showcase their communication skills. Whether you're giving a speech, performing a demonstration, or presenting a project, this event is designed to help you grow and learn in a supportive environment.

The 2025 Post Rock District 4-H Day Guide will help determine what contests to participate in, and it includes the contest rules and other event details. Review the guide at [www.postrock.k-state.edu/4-h/events/4-hday/](http://www.postrock.k-state.edu/4-h/events/4-hday/). Online registration is open on the 4-H Day Website.

New in 2025, we are expanding the judging contests that are part of 4-H Day into a Judging Extravaganza! Judging Extravaganza is a come-and-go experience. There is no pre-registration required for these contests. Youth participate individually, yet an optional team competition of four members will be available. Study guides are online at [www.postrock.k-state.edu/4-h/events/judging-extravaganza/](http://www.postrock.k-state.edu/4-h/events/judging-extravaganza/).



## Weigh In Dates

Feb. 22 large animal weigh in at the Smith Center Vet Clinic  
9:00-10:00 a.m.

April 27, small animal weigh in at the fairgrounds  
2:30-3:30 p.m.

## Important Dates:

Feb. 8 4-H Day, Beloit

Feb. 19 4-H Day - Osborne Deadline

Feb. 22 Beef Weigh In 9-10 a.m.

March 3 4-H Day, Osborne

March 22 Super Sat., Colby, KS

April 12 Storm Hockey

April 27 Small Animal Weigh In SC Fairgrounds 2:30-3:30 p.m.

May 1 Drop/ Add Deadline

July 17-24 Smith Co. Free Fair

## Smith Co. Free Fair 2025 Lights, Camera, 4-H Action



## Saturday, April 12, 2025 - Storm Hockey

Let Shelly or Risa know if you plan to attend and how many by April 3rd. 4-Her's will be paid for by 4-H Council.  
Adults \$10 and additional kids \$7.



# THE GREEN LINK DISTRICT & STATE NEWS

 [POSTROCK.KSU.EDU](https://postrock.ksu.edu)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

## VOLUNTEERS NEEDED FOR 4-H DAY

Adults and youth volunteers are needed for both 4-H Day events and Judging Extravaganza activities! When you register for 4-H Day there will be an opportunity to sign-up to volunteer as a greeter, door monitor, judging contest assistant, or with event clean-up. Please plan to have volunteers serve from your 4-H club! If your club wants assigned a task, let us know by calling the Mankato Extension Office at 785-378-3174 or emailing [tiunderw@ksu.edu](mailto:tiunderw@ksu.edu).

## MODEL MEETING SUBMISSION AT 4-H DAY

Model meetings will not be performed at 4-H Day. They will be recorded by video with audio and submitted virtually. The meeting agenda and secretary's notes must be submitted along with the recorded meeting. Submit before or on the day of 4-H Day #2. It will be judged as soon as possible following 4-H Day #2 and results shared with the club once available. The Outstanding Presentation Sensation (OPS) will be selected from all district-wide entries. Plan ahead now to get your model meeting completed.

## COMMUNICATIONS AND PRESENTATION STRATEGIES

As you prepare for presentations at 4-H Day and during your club meeting, remember there are many resources available:

- [Post Rock District Communications Webpage](#)
- [Kansas 4-H Project Webpage – Communications](#)
- [Kansas 4-H Project Webpage – Performing Arts](#)

## KANSAS 4-H PRESENTATION OVERVIEW

Checkout the helpful Kansas 4-H Presentation Overview to understand the public presentations and what makes each presentation unique. Find the overview at:

[https://bookstore.ksre.ksu.edu/download/kansas-4-h-presentation-overview\\_4H978](https://bookstore.ksre.ksu.edu/download/kansas-4-h-presentation-overview_4H978).

## ENTREPRENEURSHIP CHALLENGE

4-H members are encouraged to think about how project learning can be enhanced through business planning and entrepreneurship. Look for an opportunity to compete in YEC in your county! The [Kansas Youth Entrepreneurship Challenge \(YEC\)](#) takes place through a partnership between Network Kansas, K-State University, and Kansas 4-H.

- **Need a mentor?** If you need a mentor or additional support, let your local Extension Office know! We are happy to help! We can assist you with connecting with business owners related to your idea; we can help proof read; and we can help you practice your public speaking presentations.
- **There are some new contests at the 2025 4-H Days that are entrepreneurship focused!** This gives youth entrepreneurs an opportunity to practice pitching a business and you'll gain valuable feedback to help you prepare for YEC! Checkout the guide to learn more at [www.postrock.k-state.edu/4-h/events/4-hday/](http://www.postrock.k-state.edu/4-h/events/4-hday/).

# THE GREEN LINK DISTRICT & STATE NEWS

 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

## **YOUTH FOR THE QUALITY CARE OF ANIMALS (YQCA) TRAINING IN-PERSON COURSE WILL BE IN BELOIT FEBRUARY 8**

There will be an in-person YQCA training after 4-H Day in Beloit on February 8. Blaire Todd, Livestock Production Agent, will be leading this training. Email questions to [blairet@ksu.edu](mailto:blairet@ksu.edu). Participants need to sign-up in advance. To do so, members need to log into their YQCA account, go to “enrolled training”, and select the course labeled “Beloit 4-H Day Training”. Members will be able to enroll and pay for the course online. Participants also need to take a pre-test online before attending the in-person training! YQCA is a livestock quality assurance program that covers food safety, animal well-being, and character development. It is a great learning experience for youth involved in any livestock project! Learn more at our [Post Rock District’s YQCA webpage](#).

## **K-STATE JUNIOR PRODUCER DAYS**

SWINE DAY: REGISTRATION DUE BY FEBRUARY 5

MEAT GOAT DAY: REGISTRATION DUE BY FEBRUARY 26

K-State Junior Swine Producer Day is on March 1 and K-State Junior Meat Goat Producer Day is on March 22 in Manhattan. These state-level educational events will be fun-filled days in which youth can increase their knowledge in swine and meat goat projects. It is a great opportunity for supporting parents and project leaders to remain updated about 4-H livestock projects, showing, and more. It is \$20 to attend. Youth and adults must register online at <https://commerce.cashnet.com/KSUASIND>.

## **HORSE PANORAMA REGISTRATION DUE FEBRUARY 3**

Kansas 4-H Horse Panorama is February 22 - 23 at Rock Springs. It is a unique opportunity for youth ages 9-18 to increase their knowledge and test their skills in a contest environment. Youth can compete in Horse Bowl, Hippology, Public Speaking, Project Talks, Demonstrations, and a virtual contest in logo and ad design, photography, posters and PowerPoint presentations. First-time attendees will also have the opportunity to tour Rock Springs and visit the historic stables to meet the horses. Contest registration includes housing and meals at Rock Springs. Each youth must attend with an adult chaperone, who must also register. Early bird online registration is due by February 3. Find the details on the [Kansas 4-H Horse Panorama event webpage](#).

## **KANSAS STATE 4-H HORSE JUDGING CONTEST**

The Kansas State 4-H Horse Judging Contest will be held in conjunction with EquiFest of Kansas on Friday, March 21, at the Saline County Expo Center. 4-H members age 9-18 are invited to compete in the State 4-H Horse Judging Contest and the Open Horse Judging Contest. An open novice division is also available for youth age 7-18 sponsored by the KQHA. Complete information and rules are available at [www.kansas4-h.org/events-activities/contests/horse-judging/index.html](http://www.kansas4-h.org/events-activities/contests/horse-judging/index.html). Registration is due by March 7 at the [EquiFest of Kansas website](#).

## **FACEBOOK GROUP FOR ACTIVE POST ROCK DISTRICT 4-H MEMBERS**

Join the [Post Rock District 4-H Insider Experience](#) on Facebook for reminders and shared opportunities that help active 4-H members succeed.



# THE GREEN LINK DISTRICT & STATE NEWS

 [POSTROCK.KSU.EDU](https://postrock.ksu.edu)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

## NW 4-H JUDGING EVENT - SUPER SATURDAY

Super Saturday is Saturday, March 22 at Colby Community College Student Union for indoor Judging and Thomas County Fairgrounds for Livestock Judging from 9:00 a.m. to Finish! Judging Contests at this regional 4-H experience include: Crops, Entomology, Horticulture, Life Skills, Photography, Livestock Skill-a-thon, and Livestock Judging. In addition to judging contests, there are some project workshops for youth to enjoy. The event flyer with complete details is available at [www.postrock.k-state.edu/4-h/events/](http://www.postrock.k-state.edu/4-h/events/). Register online at: [https://kstate.qualtrics.com/jfe/form/SV\\_dajjdd7SK7HICeW](https://kstate.qualtrics.com/jfe/form/SV_dajjdd7SK7HICeW).

## K-STATE INVITATIONAL MEAT JUDGING CONTEST

The K-State Invitational Meat Judging Contest is April 5 at KSU Weber Hall's meat lab in Manhattan. The experience will include six classes, two sets of questions, and retail ID. There will be an educational walk through after the contest. Registration will be online at [judgingcard.com](http://judgingcard.com). Direct questions to Erin Beyer at [erbeyer@ksu.edu](mailto:erbeyer@ksu.edu)

## INTERIOR DESIGN & ARCHITECTURE PROJECT UPDATES ON FEBRUARY 12, MARCH 12

The Interior Design & Architecture project has some updates for the Kansas State Fair - and ultimately at your county fair. Kansas 4-H will be hosting a Zoom meeting for 4-H members enrolled in the project on February 12 and March 12, both at 7:00 p.m. The meetings will cover project details and explain what qualifies for the 4-H State entry. Links will be sent out by email from Kansas 4-H to those enrolled in the project, be sure to check your inbox.

## VISUAL ARTS AND ENTOMOLOGY PROJECT: INSECT ART CONTEST DUE APRIL 15

The K-State Research and Extension Pesticide Safety and IPM Program is hosting its annual insect-themed art contest, open to all ages and skill levels in Kansas. This year, the theme is "By the Light of the Moon: Insects at Night." The goal is to explore which insects are active or inactive at night and why, then create artwork that fits the contest theme. This would be great for 4-H members in the Visual Arts or Entomology projects! For contest rules and details, visit the [KSU IPM website](#).

## COOL CAREERS 4-H PROJECTION CONTEST

Kansas 4-H and HirePaths are introducing a Cool Careers 4-H Video Contest. This competition allows 4-H members to learn about a career and then produce a video to their own episode of these [Career Categories](#). For more information, read the [Contest Guidelines](#). Registration entries are due by August 1, 2025. Register at [https://kstate.qualtrics.com/jfe/form/SV\\_24h3Jjckcy1nuAK](https://kstate.qualtrics.com/jfe/form/SV_24h3Jjckcy1nuAK).

## LIVESTOCK PROJECT: SPRING SHOWS, EVENTS, AND MORE

If you are seeking opportunities related to livestock projects - like spring shows and other contests - the KSU Youth Livestock Program website provides a listing of many opportunities. It certainly doesn't contain every learning and competition opportunity, yet it is a great reference point as you plan for spring and summer. Visit <https://www.asi.k-state.edu/extension/youth-programs/events/>.

# THE GREEN LINK DISTRICT & STATE NEWS

 [POSTROCK.KSU.EDU](https://postrock.ksu.edu)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

## NCK LEAD IS MARCH 29 AT CLOUD COUNTY CC

Post Rock District and River Valley District are teaming up with Cloud County Community College to offer a drive-in personal development experience for teens. NCK LEAD will take place on Saturday, March 29 at CCCC in Concordia. Participants will engage with collegiate professionals to gain information to assist with making post-high school decisions. We are excited that the 2025 experience will include hands-on workshops exploring careers through CCCC's new Technical Education and Innovation Center. There will also be opportunities for teens to boost their leadership skills and have fun with 4-H friends from the region. Save the date and watch for more details in the coming weeks!

## 4-H VOLUNTEER TRAINING: VIRTUAL EXPERIENCE ON FEBRUARY 22

Volunteer Training for 4-H volunteers in Western Kansas is on Saturday, February 22, 2025, from 9:00 a.m. to 11:00 a.m. This is a virtual meeting, so you can attend from the comfort of your home or with a watch party of fellow volunteers. All 4-H volunteers serving in Jewell, Lincoln, Mitchell, Osborne, and Smith counties are encouraged to attend...club leaders, project leaders, parents, superintendents, council representatives, teen leaders, etc. Explore ideas and tools to help you empower youth to become BEYOND READY for making a local impact, preparing for career success, and achieving their dreams. Spark your passion. Build your skills. Understand the unique opportunity to make a difference as a Kansas 4-H Volunteer! The Zoom Link will be emailed to registered participants closer to the event. Register for the free training at [bit.ly/4HVolunteerTraining2025](https://bit.ly/4HVolunteerTraining2025).

## 4-H CAMP TEEN OPPORTUNITIES: RECEIVE A FULL-RIDE SCHOLARSHIP

Rock Springs 4-H Camp Counselor in Training (CIT) and Leaders in Training (LIT) participants can receive a full-ride scholarship in 2025! Rising 10th, 11th, and 12th graders may participate. Participants will receive camper care training and counselor experience, in addition to "camp" time with peers. Learn more and apply at <https://rockspringsranch.org/summer-camps/sessions-rates>.

## ROCK SPRINGS RANCH OPEN HOUSE: CELEBRATING 80 YEARS

All are invited to attend Open House at Rock Springs Ranch on April 13 from 1:00 to 4:00 p.m. Come and tour the property, meet the staff and learn all about the fun at Kansas 4-H Camp at Rock Springs Ranch. Registration and details are available at <https://rockspringsranch.org/events/open-house>.

## KANSAS YOUTH RANGE CAMP

The Kansas Youth Range Camp at White Memorial Camp in Council Grove, Kansas, offers high school sophomores, juniors, and seniors a unique opportunity to learn about rangeland management. Camp topics include range plant identification, plant growth, stocking rates, livestock nutrition, and wildlife management. The camp will take place June 10-13, 2025, with a cost of \$300. Registration is open now at <https://www.kgic.org/range-youth-camp-registration.cfm>

# THE GREEN LINK DISTRICT & STATE NEWS

 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

## LIVESTOCK TAGGING AND ANIMAL WEIGH-INS

Each county hosts a beef weigh-in and a small animal weigh-in. The dates will be shared on your county's newsletter page. Attending the weigh-in is required to participate in the rate-of-gain contest at your county fair. It is **HIGHLY RECOMMENDED** to bring your animal to the beef and small animal weigh-in events because attending can assure you are understanding of and ready to meet all exhibition requirements (so you won't be disqualified at fair); you can connect with other adults and youth in the project for support, encouragement, and assistance throughout the year; and you can get many of your questions answered.

Post Rock District will not sell Kansas 4-H EID tags over-the-counter at our Extension Offices. The state requires our staff to approve all State Nominations for livestock, and part of that approval process is confirming that we have physically seen each Kansas 4-H EID tag in your livestock animal's ear at tagging time (photos and over-the-counter sales do not qualify). Plan to attend your county's tagging and verification event (i.e. weigh-in) for beef, swine, sheep and goats. Call the Extension Office ASAP if you know you'll have a conflict and need an animal State 4-H tagged.

## CITIZENSHIP WASHINGTON FOCUS (CWF)

Citizenship Washington Focus is June 18 - 28. Kansas 4-H will partner with Oklahoma 4-H for the 2025 CWF road trip across the USA to experience Philadelphia, Gettysburg, the Liberty Bell, a close-up view of the political process through visits to Capitol Hill in Washington D.C., and more! Details about the trip are published on the [Kansas 4-H CWF event website](#). Registration will be available in February 2025 and spaces will be limited. If you are interested in this national 4-H experience, contact your 4-H Program Coordinator as soon as possible so we can discuss important details and support you through the application process.

## APPLICATIONS NOW OPEN FOR 2025 4-H EXCHANGE HOST FAMILIES

Families are encouraged to apply to host 4-H members from Costa Rica, Norway, Taiwan, Japanese Labo and LEX. To learn more go to: [Kansas 4-H Global Citizenship Program's webpage](#).

## K-STATE ALPHA of CLOVIA OPEN HOUSE

Clovia is a 4-H Cooperative Leadership House located near Kansas State University in Manhattan. Alpha of Clovia is looking to connect with girls with any 4-H, FFA, or leadership experience in general. Living at Clovia is a great opportunity as it is one of the only ways to live off campus freshman year at K-State. It provides girls with a community of caring friends, accountability and fun. Clovia Open House is on April 26, 2025. More information to come!

## CONTINUING EDUCATION SCHOLARSHIPS FOR 4-H MEMBERS

The application for Kansas 4-H Scholarships are now available on the [Kansas 4-H website under Awards & Recognition](#). Applications and supporting documents are due no later than March 1. Additionally, there may be a local scholarship opportunity you are eligible for as a 4-H member! Find applications and details on the [Post Rock District's Education Scholarships website](#).

# DISTRICT/STATE EVENTS AND DEADLINES AT A GLANCE

 [POSTROCK.KSU.EDU](http://POSTROCK.KSU.EDU)  [POSTROCK4H@KSU.EDU](mailto:POSTROCK4H@KSU.EDU)  
POST ROCK DISTRICT 4-H NEWSLETTER

Feb. 8:	4-H Day #1 & Judging Extravaganza #1, Beloit
Feb. 8:	YQCA following 4-H Day, Beloit
Feb. 12:	Interior Design & Architecture Project Zoom meeting (same meeting March 12)
Feb. 12:	Mitchell Co. Beef Weigh-in
Feb. 15:	Vesper Farm Show
Feb. 16:	Jewell Co. Beef Weigh-in
Feb. 16-17:	Citizenship in Action, Topeka
Feb. 17:	All Post Rock District Offices closed for Presidents Day
Feb. 17:	YQCA Scholarship application deadline
Feb. 17:	Jewell Co. 4-H Council Meeting
Feb. 20:	Osborne Co. 4-H Council Meeting
Feb. 22:	Volunteer Training, Virtual
Feb. 22:	Lincoln Co. Beef Weigh-in
Feb. 22:	Smith Co. Beef Weigh-in
Feb. 22-23:	Horse Panorama, Rock Springs
Feb. 23:	Osborne Co. Beef Weigh-in
Feb. 26:	Lincoln Co. 4-H Council Meeting
Mar. 1:	Kansas 4-H Scholarships Due in Manhattan
Mar. 1:	KSU Jr. Swine Producer Day, Manhattan
Mar. 3:	4-H Day #2 & Judging Extravaganza #2, Osborne
Mar. 21:	Kansas State 4-H Horse Judging Contest, Salina
Mar. 22:	KSU Jr. Meat Goat Producer Day, Manhattan
Mar. 22:	Super Saturday, Colby
Mar. 24:	Mitchell Co. 4-H Council Meeting
Mar. 29:	NCK LEAD, Cloud County Community College, Concordia
Apr. 5:	K-State Invitational Meat Judging Contest, Manhattan
Apr. 12:	2025 Willie and the Beanstalk Judging Contest
Apr. 13:	Rock Springs Ranch Open House
Apr. 15:	KSU Animal Science Leadership Academy Application Due
Apr. 15:	Insect Art Contest Deadline
Apr. 20-26:	National Volunteer Week
Apr. 26:	K-State Alpha of Clovia Open House, Manhattan
Apr. 26:	Safe Tractor & Machinery Operation Training, Beloit
Jun. 10-13:	Kansas Youth Range Camp, Council Grove, KS
Jun. 18-28:	Citizenship Washington Focus

**KANSAS 4-H MASTER CALENDAR: [www.kansas4-h.org/events-activities/](http://www.kansas4-h.org/events-activities/).**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact four weeks prior to the start of the event. Post Rock District staff and office contact information is available at [www.postrock.ksu](http://www.postrock.ksu). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**

K-State Research and Extension is an equal opportunity provider and employer.