



POST ROCK DISTRICT 4-H NEWSLETTER NOVEMBER 2024

DISTRICT/STATE EVENTS AND DEADLINES AT A GLANCE

- Nov. 1: Meat Processing Workshop, Ellsworth Packing
- Nov. 2: PRD 4-H Officer/Member Leadership Training, Smith Center
- Nov. 3: Jewell County Achievement Celebration, Esbon
- Nov. 3: Lincoln County Achievement Celebration, Hunter
- Nov. 9: Meat Processing Workshop, Ellsworth Packing
- Nov. 15: Priority 4-H Enrollment Deadline
- Nov. 23: Smith County Achievement Celebration
- Nov. 23-24: Kansas Youth Leadership Forum, Rock Springs Ranch
- Nov. 23-24: Volunteer Leadership Forum, Rock Springs Ranch
- Nov. 27: YQCA Training, Smith Center
- Nov. 30: Kansas State Fair Shirt Order Deadline
- Jan. 11: Post Rock District 4-H Quiz Bowl, Mankato
- Feb. 8: Post Rock District 4-H Day #1, Beloit
- Feb. 8: Judging Extravaganza, Beloit
- Mar. 1: Kansas State Junior Swine Producer Day, Manhattan
- Mar. 3: Post Rock District 4-H Day #2, Osborne
- Mar. 3: Judging Extravaganza, Osborne
- Mar. 22: Kansas State Junior Meat Goat Producer Day, Manhattan
- Mar. 22: Super Saturday, Colby



KANSAS 4-H MASTER CALENDAR

Kansas 4-H has a state and regional events master calendar. It is a living document with regular additions. Access the latest version at www.kansas4-h.org/events-activities/.



Post Rock 4-H



Kansas 4-H



4-H Online



Nora Rhoades
Youth Development Agent
nrhoades@ksu.edu



Tonia Underwood
4-H Program Coordinator
tiunderw@ksu.edu



Kim Naber
4-H Program Coordinator
kimn@ksu.edu



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4-H Program Coordinator
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Carla Morriral
4-H Program Coordinator
cemorriral@ksu.edu



JEWELL COUNTY 4-H

POST ROCK DISTRICT NEWSLETTER



Tonia Underwood, 4-H Program Coordinator
(785) 378-3174 tiunderw@ksu.edu



ENROLL BEFORE NOVEMBER 15

4-H Online Enrollment website:
<https://v2.4honline.com>

Login Email
Password

4-H Online is open to process enrollments. Both new and returning youth and volunteers need to enroll for the new 4-H year.

- Returning members will select 'pay by check' and submit. We will enter the sponsor code from the office. 4-H Council will pay your program fee.
- New 4-H members will pay the fee, but you will receive credit at the 4-H food stand in the summer if you are still an active 4-H member.
- Cloverbuds will not be asked to pay a fee.

SAVE THE DATE!

**Beef weigh-in is on February 16 at 3:00 p.m.
at the Sale Barn in Mankato.**

CLUB OFFICERS - NOTIFY EXTENSION OFFICE

Please notify Tonia at the Extension Office of all elected officers and club leaders for the 2024-2025 4-H year.

****Make sure club leaders, club officers, and club signatories are all listed in your meeting minutes!****

SHARE YOUR 4-H FUN!



We want to hear about the exciting activities that you do for 4-H all year long. Email pictures and highlights to Tonia to be featured by Post Rock District 4-H! Remember to send articles to the local newspaper regularly.

WELCOME NEW 4-H FAMILIES!

Welcome new 4-H families. If you need some help, please contact the Post Rock District - Jewell County office at 785-378-3174. Welcome aboard!

4-H ACHIEVEMENT CELEBRATION

**Sunday, November 3
3:00 p.m.**

Esbon Community Center

Jewell County 4-H Council invites you to the annual 4-H Achievement Celebration. Please bring a snack or dessert to share. Drinks will be provided. We are excited to spend the afternoon celebrating last year's success and kick-off another year of fun!

4-H COUNCIL NEWS

Jewell County 4-H Council is looking to for a **Food Stand Manager for the 2025 County Fair**. A committee was appointed to hire a manager. If you know someone interested in this role, contact Tonia for more details

The next Jewell County 4-H Council Meeting is December 2 at the Courthouse starting at 7:00 p.m.

Start thinking about Fair Themes for the 2025 Jewell County Fair!

48 HOURS of 4-H

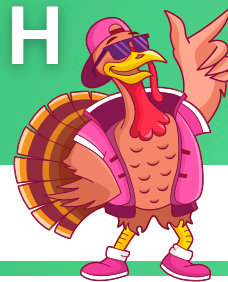
Prairie shooters 4-H group were very busy around Jewell. From putting a float through the Cornshow parade. To volunteering to help at Jewell soup dinner to serving to Jewell chamber meal.





LINCOLN COUNTY 4-H

POST ROCK DISTRICT NEWSLETTER



Carla Morrical, 4-H Program Coordinator
(785) 524-4432 cemorrical@ksu.edu

4-H ACHIEVEMENT CELEBRATION

Sunday, November 3
6:30 p.m.

Hunter Community Center

Lincoln County 4-H Council invites you to the annual 4-H Achievement Celebration. The Hunter Huntsman 4-H Club will host. The awards ceremony will acknowledge many achievements this past year and kick-off another year of fun with Lincoln County 4-H!

- Everyone is asked to bring a finger food to share.

4-H COUNCIL MEETING

4-H Council will have a meeting on January 2 at Noon. A lunch will be provided. This is a meeting where representatives dive into planning the 2025 fair. Be sure to discuss fair ideas at your club meetings so they can bring them to 4-H Council.

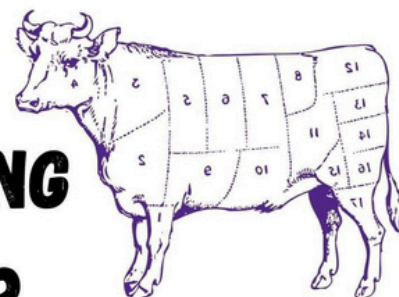
FARM SHOW: FEBRUARY 15 MEMBER/CLUB BOOTHS NEEDED

The Farm Show in Vesper is February 15. 4-H clubs and members have been asked to provide booths to share your project and community work! 4-H will not be charged to have a booth. Sign up with the community center!

CARLA TO SERVE AS PROGRAM COORDINATOR

Carla Morrical joined the Post Rock District team as a part-time 4-H Program Coordinator focused on Lincoln County! Her email is cemorrical@ksu.edu. Carla will have office hours most Tuesdays and Wednesdays in November. Stop by to say hello!

MEAT PROCESSING WORKSHOP



This workshop is offered to assist youth in learning about the beef industry and their fair projects.

WORKSHOP DATES:



FRIDAY, NOVEMBER 1ST
FROM 8:45AM-2:30PM



SATURDAY, NOVEMBER 9TH
FROM 8:15-11:15AM

102 S COLORADO ST. ELLSWORTH, KS 67439

This event is FREE, but RSVP is Required.
Call Ellsworth Packing to reserve a spot.
The workshop is 45 minutes long with multiple time slots available.
Phone Number: (785) 472-4177

Ellsworth Packing Inc. & Midway Extension are hosting a Meat Processing Workshop. This workshop is designed to teach youth, their families, and the public about how beef is processed into various cuts, i.e. ribeye, sirloin, roasts etc.

There will be a "type" demonstration by Midway Extension and Ellsworth Packing on a live animal to demonstrate what visual indicators you look for to determine if an animal is "market ready." From there we will look at various cuts of meat and meat judge.

If you plan to attend please dress for cold weather and wear close-toed shoes. We look forward to seeing you!

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Clint Laffin two weeks prior to the start of the event at 785-483-5137 and claffin@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

ENROLL IN 4-H BY NOVEMBER 15!

4-H Online Enrollment website:
<https://v2.4honline.com>

4-H Online is open to process enrollments. Both new and returning youth and volunteers need to enroll for the new 4-H year.

- ALL members will select 'pay by check' and submit. We will enter the sponsor code from the office. Lincoln County 4-H Boosters will pay your program fee! Cloverbuds will not be asked to pay a fee.



MITCHELL COUNTY 4-H

POST ROCK DISTRICT NEWSLETTER



Tonia Underwood, 4-H Program Coordinator
(785) 738-3597 tiunderw@ksu.edu



ENROLL BEFORE NOVEMBER 15

4-H Online Enrollment website:
<https://v2.4honline.com>

Login Email
Password

4-H Online is open to process enrollments. Both new and returning youth and volunteers need to enroll for the new 4-H year.

- Tipton 4-H Club members will select 'pay by check' and submit. We will enter the code from the office. Your club will pay your program fee.
- West Beloit and Asherville Achievers 4-H Club members will pay for your enrollment personally.
- Cloverbuds will not be asked to pay a fee.

SHARE YOUR 4-H FUN!

We want to hear about the exciting activities that you do in 4-H all year long. Email pictures and highlights to Tonia at tiunderw@ksu.edu to be featured by Post Rock District 4-H! Remember to send articles to the local newspaper regularly.



4-H COUNCIL NEWS!

2024-2025 Mitchell County 4-H Council Officer Team

- ~President: Bently Pruitt
- ~Vice President: Gunner Pruitt
- ~Secretary: Kayley McGuire
- ~Treasurer: Norah Ellenz
- ~Reporter: Daylynn Krone

Mitchell County 4-H 2025 County Fair Grievance Committee: Kayley McGuire, Bently Pruitt, Gunner Pruitt, Tara Pruitt, and Dorothy Wilson

The next Mitchell County 4-H Council Meeting is January 20, at the First Bank of Beloit meeting room at 7:00 p.m.

Service to 4-H Award



4-H Ambassador



Mitchell County 4-H Award Winners



2024 Achievement Celebration

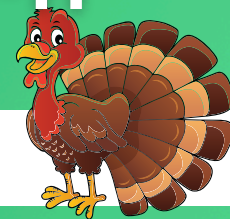


TONIA'S HERE TO HELP YOU! Tonia plans to be in the Beloit Office on most Wednesdays or by appointment! Tonia works full-time for Post Rock District, so if you need something, please call or email!



OSBORNE COUNTY 4-H

POST ROCK DISTRICT NEWSLETTER



Kim Naber, 4-H Program Coordinator
(785) 346-2521 kimn@ksu.edu

GET ENROLLED IN 4-H ONLINE!



4-H Online Enrollment website:
<https://v2.4honline.com>

REVIEW INSTRUCTIONS ON PAGE 2.
ENROLL BEFORE NOVEMBER 15.

Priority enrollment due is by November 15th. Both new and returning youth and volunteers need to enroll for the new 4-H year. ALL members will select "Pay by Check". DO NOT MAIL A CHECK. Osborne County 4-H Council is paying this year's program fee. Cloverbuds will not be asked to pay a fee.

OSBORNE COUNTY 4-H GIVES BACK TO COMMUNITIES THROUGH 48 HOURS OF 4-H

Osborne County 4-H members gave their time and talent serving their communities in various ways during the month of October. Solomon Valley will be helping the Downs Food Bank distribution in November.



Eager Beaver 4-H Club picked up trash



Sunmer 4-H Club planted spring bulbs



County wide collection of food items for Food Banks at 4-H Kickoff



Sunflower 4-H Club cleaned up downtown flower containers



WELCOME NEW 4-H MEMBERS

We would like to welcome new 4-H members to Osborne County! We are looking forward to your participation in the upcoming 4-H year. New members are Samson Duskie, Holden, Raeli Kendig, Carly Mans, Colton, Johnathan and Maddi Mick, Grayson and Weston Rietzke, Corbyn Schroeder and Blake Weis.

VOLUNTEERS NEEDED FOR COUNTY WIDE COMMITTEES

We need your help. Youth and adult volunteers are needed to facilitate our Osborne County 4-H activities. Representatives from each club are needed. The county wide committees available to choose from are: Rules, Premium Auction, 4-H Recognition & Awards, 4-H Food Stand and 4-H Exhibit Building & Fairground Improvements. Please consider signing up by November 18th. Contact Kim if you have questions.



QR Code for Osborne County Committee Sign-up

4-H COUNCIL NEWS

November 4-H Council Meeting

November 22 | 6:30 p.m. | Osborne Extension Office

2024 OSBORNE COUNTY 4-H KICKOFF



SMITH COUNTY 4-H

POST ROCK DISTRICT NEWSLETTER



Risa Overmiller, 4-H Program Coordinator
(785) 282-6823 overmiller@ksu.edu



Log in to 4-H Online to complete your 2024-2025 enrollment!

Enroll in 4-H

Priority enrollment is due by November 15th.

For more detailed instructions read pages 2 in the newsletter.



Important Dates:

- Nov. 2 - District Officer Training in Smith Center 9-12
- Nov. 23 - Achievement Celebration and Supper -- 6:00 p.m. supper 7:00 p.m. awards
- Nov. 27 YQCA 10:00 a.m. Smith Center
- Dec. 8 - Council Meeting 2:30 p.m.
- Jan. 11- Quiz Bowl

#4HBeyondReady



Think About It

- Discuss as a club what activity you would like to do as a whole county?
- What would be some prize choices you would want to win at the fair?

Tell your council members so they can bring to our December meeting.



YQCA Training at SC Courthouse
November 27, 10 a.m.
Contact Risa for registration steps

2025 Smith County Fair Theme



Lights, Camera, 4-H Action!



Smith County 4-H Achievement

When: November 23

6 p.m. Supper, 7 p.m. Awards

Where: Smith Center Armory

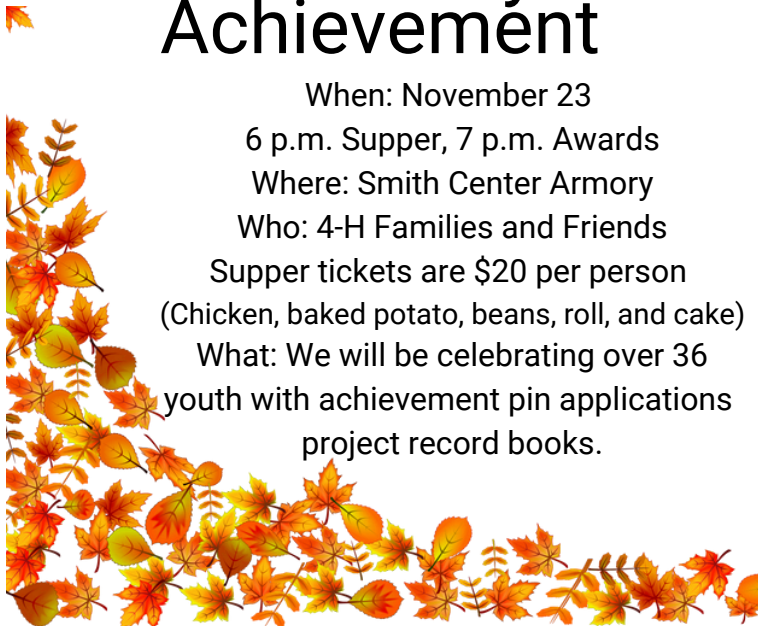
Who: 4-H Families and Friends

Supper tickets are \$20 per person

(Chicken, baked potato, beans, roll, and cake)

What: We will be celebrating over 36

youth with achievement pin applications project record books.



Record Keeping 101



ZBooks Online 4-H Record Keeping

ZBooks online 4-H Record Keeping and Resources. The Permanent Record is included in ZBooks. This is a great way to keep your records as you go all year long, so you don't wait until the last minute and forget something.

POST ROCK DISTRICT 4-H NEWSLETTER

STATE AND DISTRICT NEWS

ENROLL IN 4-H ONLINE BY NOVEMBER 15

Participation in events, contests, and other activities will be limited until active membership status has been completed and approved, so do not delay getting enrolled! Cloverbuds, new members, renewing members, and volunteers need to complete enrollment. The Post Rock District priority enrollment deadline is November 15. After this date, we will share official membership lists with club leaders and we will update our email and contact lists. Independent membership applications should also be submitted by the priority deadline. If you are not enrolled, you'll stop receiving information about being active in 4-H! For more information visit www.postrock.k-state.edu/4-h/enroll/. Check out the October issue of the Post Rock District 4-H Newsletter for more information about the process to enroll!



SHOOTING SPORTS PROJECT FEE DUE

If you enrolled in a Shooting Sports project, it is time to pay your County 4-H Council the \$10.00 project participation fee. One amount is due regardless of number of disciplines enrolled in. The project fee supports the special requirements needed to maintain a 4-H Shooting Sports Program in the Post Rock District. Youth 8 years old before January 1, 2025 can participate in 4-H Shooting Sports. Youth **MUST** be actively enrolled in Shooting Sports via 4-H Online to be able to attend any practice or activity. Contact Tonia Underwood, tiunderw@ksu.edu, our District's certified Shooting Sports Coordinator, to learn about practices with our certified instructors. Here are the adult volunteers that are certified by Kansas 4-H for the 2024-2025 program year:

- Archery Instructors: Stede Underwood
- Shotgun Instructors: Karen Panter / Dean Heise
- BB Gun / Air Rifle Instructor: Jeff Cady

ADULT VOLUNTEERS NEED TO ENROLL IN 4-H ONLINE

Anytime youth gather in the name of 4-H, it is important that there are two adults present who have been approved by Post Rock District as 4-H registered and screened volunteers! A 4-H Club is required to have two club leaders, yet it takes many more volunteers to have successful project learning experiences, workshops, community service activities, etc. Register as an adult volunteer in 4-H Online as soon as possible. After registering, your local Extension Office staff will share with you the steps to complete the required background check. This is paid for by Post Rock District. Once all of these steps are completed, you are eligible to be considered for approval by the Post Rock District Governing Board. Volunteers complete these steps during their initial enrollment. Each year after, volunteers can renew on 4-H Online without the extra steps. **If you plan to assist/support your club, council, or at project meetings (beyond helping the children in your immediate family), please register as an adult volunteer!**

4-H OFFICER AND LEADERSHIP TRAINING IS NOVEMBER 2

Post Rock District's 4-H Officer and Leadership Training will take place Saturday, November 2 in Smith Center at American Lutheran Church (415 W New York Street). Training will begin at 9:00 a.m. and conclude by Noon. If you are an officer (or if you'd like to build your skill set to serve as an officer in the future) this is a great interactive training to come participate in! The online registration is closed, so call your Extension Office ASAP if you still want to get signed-up! *This is a district-wide learning experience as you strive to reach your next achievement pin!*

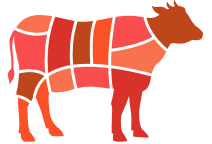


POST ROCK DISTRICT 4-H NEWSLETTER

STATE AND DISTRICT NEWS

MEAT PROCESSING WORKSHOP AT ELLSWORTH PACKING

Midway District 4-H and Ellsworth Packing invite Post Rock District members to attend a Meat Processing Workshop! Participants will enter the cooler to learn more about the beef industry and broaden one's understanding of meat cuts and meat judging. The workshops are November 1 and November 9. Call Ellsworth Packing at 785-472-4177 to schedule a time slot during one of the workshops! Direct questions to Ellsworth Packing.



4-H SHIRTS AVAILABLE TO ORDER

The "4-H Grown" T-Shirts sold at the 2024 Kansas State Fair are available to order online at <https://bit.ly/4HGROWN2024>. There are two designs available. Order before December 1. Shirts will be shipped before Christmas. Share this opportunity at your club meeting and save on shipping with a group order. The proceeds benefit the Kansas 4-H Youth Leadership Council.



Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program that covers food safety, animal well-being, and character development. It is a great learning experience for youth involved in any livestock project! The class is required to be completed annually by all Kansas State Fair Grand Drive and Kansas Junior Livestock Show participants. YQCA training can be completed online or by attending an in-person class. Learn more about YQCA at www.postrock.k-state.edu/4-h/yqca/.

- **November 27, 10:00 a.m., Smith County Courthouse Basement Meeting Room in Smith Center, Risa is teaching this in-person course. Email Risa at overmiller@ksu.edu if you want to attend so she can share how to register and pay for the class through the YQCA website! A pre-test must be taken via the YQCA website BEFORE attending the in-person class!**
- Your club or county can host an in-person training. Blaire Todd, Livestock Production Agent (blairet@ksu.edu), or Risa Overmiller, 4-H Program Coordinator (overmiller@ksu.edu), can assist with your questions and getting an in-person class scheduled.

REPORT OCTOBER COMMUNITY SERVICE TO KANSAS 4-H

If a member, group, club, or council completed a community service project in October, it can be counted as participation in the Kansas 4-H 48 Hours of 4-H program. You need to register the project AND complete the follow-up report. *Submitting the report is how it becomes an OFFICIAL 48 Hours of 4-H project. Otherwise, it should not be counted as such on your club seal or achievement pin application.* It is not too late to complete these steps and be recognized as a program participant! Register your project at the [48 Hours of 4-H website](http://48Hours.org).

ROCK SPRINGS RANCH 4-H CAMP EARLY BIRD REGISTRATION OPENS SOON

If you are interested in camp, let your Extension Office know so we can be sure to send the registration information as soon as we receive it. There will be an early-bird sign-up this fall with a discount! 4-H camp sessions will be posted at www.rockspringsranch4hcamp.org. Each family will register directly with Rock Springs Ranch through the website. Before you register, contact your local Extension Office and your club leader. There may be club or county-level event scholarships available.

POST ROCK DISTRICT 4-H NEWSLETTER

STATE AND DISTRICT NEWS

SET 4-H PROJECT GOALS ~ SET 4-H CLUB GOALS

Use the “[Setting 4-H Project Goals](#)” worksheet as you set goals for your 4-H projects and with your 4-H club!

GOALS!

- Once a young person has selected their 4-H projects, they should plan out what they would like to learn and accomplish.
- Goal setting is a great educational activity to incorporate into a 4-H club meeting! It is very helpful when this process is done with the support of a caring adult to ensure the 4-H member has a positive project experience.
- 4-H club meetings should include goal-setting to help your club activities meet the interests of the membership while also striving to try new ways to live by the 4-H pledge! The worksheet is a great guide for clubs, too!

2025 K-STATE JUNIOR SWINE PRODUCER DAY



K-State Junior Swine Producer Day is on Saturday, March 1 in Manhattan. This educational event will be a fun-filled day in which youth can increase their knowledge in swine projects. Youth and adults must register by February 5 to receive a t-shirt at <https://commerce.cashnet.com/KSUASIND>.

K-STATE JUNIOR MEAT GOAT PRODUCER DAY

K-State Junior Meat Goat Producer Day is on Saturday, March 22 in Manhattan. Participants will receive a K-State Meat Goat Show Guide, t-shirt, and complimentary lunch if you register by February 26. Youth and adults must register online at <https://commerce.cashnet.com/KSUASIND>.



4-H QUIZ BOWL 2025 - JANUARY 11

Post Rock District will host 4-H Quiz Bowl on January 11 in Mankato. While a quiz bowl is semi-competitive, the experience is designed to be a fun, educational opportunity for 4-H members. New in 2025, we are going to extend an invite to neighboring extension unit 4-H members to participate - making this a fun regional event. Save the date! Registration and study materials will be shared in the December newsletter.

4-H DAYS AND JUDGING EXTRAVAGANZAS 2025 - FEBRUARY 8 AND MARCH 3

Post Rock District will host two 4-H Day events in 2025 to provide youth with an opportunity to showcase skills in public speaking, music, dance, and other talents. We plan on expanding the judging contests offered to have a same-day experience of a Judging Extravaganza along with each 4-H Day. Save the dates of Saturday, February 8 in Beloit and Monday, March 3 in Osborne. The guide for participation will be released in December, and registration will open in January.

SUPER SATURDAY IN COLBY - MARCH 22

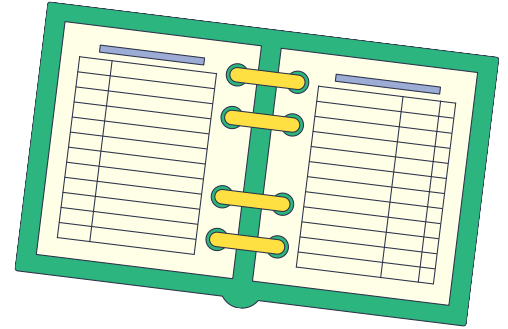
The Northwest 4-H Judging Event, "Super Saturday" will be March 22 in Colby. There will be judging contests for livestock, entomology, photography, crops, life skills, and horticulture. Project workshops will also be available. More details to come. Reach out to your local Extension Office if you have an interest serving as a volunteer or presenter!

POST ROCK DISTRICT 4-H NEWSLETTER

STATE AND DISTRICT NEWS

4-H RECORD KEEPING: CHOOSE 1-2 PROJECTS TO FOCUS ON

Record keeping skills will help youth succeed in many areas of life. In 4-H, we focus on project record keeping to help youth use goal-achievement, leadership and service activities, money management, and public speaking to learn the fundamentals of record keeping skills. To help you master these skills, start by picking one or two 4-H projects that you want to do a project record for. You don't have to do a project record for every project! You will be more successful mastering the skills if you focus on one or two projects than if you spread yourself too thin focusing on many. Complete the goal setting section of your project record book now. Plan out project-related presentations, leadership, and citizenship that you can work on during the year as you explore the project! [Visit the Kansas 4-H Project Record Keeping website for the forms.](#)



WHAT IS THE 4-H PERMANENT RECORD?

The 4-H Permanent Record is a great tool to help youth begin building a resume of ALL of their activities. It is a tool for 4-H members to organize their involvement in 4-H, sports, church, scouts, and beyond all in one place. Youth add to their permanent record each year. Many high school students find the record book to be incredibly helpful when they reach the stage of applying for continued education, scholarships, and more. Many 4-H Clubs provide an opportunity for youth to add to their permanent record as a part of each meeting, and this is a fantastic idea. Remember you can do it by paper or with the ZBooks online platform!

UPDATED 4-H HORSE ID FORM

The Kansas [4-H Horse ID Certificate \(P1039\)](#) has been updated for this 4-H program year. Beginning with the 2024 - 2025 4-H program year, please use the new form and destroy previously used 4-H Horse ID Certificates. As a reminder for Post Rock District, the Kansas Horse ID Certificate is not required for county fair level exhibition (unless your 4-H Council requires it as stated in your county fair book). However, if you plan to exhibit at the Kansas State Fair 4-H Horse Show, you must properly identify your horse by completing the 4-H Horse ID Certificate. The certificate must be signed by the Post Rock District 4-H Youth Development Agent, Nora Rhoades, so plan ahead in advance of the state deadlines. The 4-H member keeps the ORIGINAL certificate and a copy is kept on file in the Extension Office. The original certificate is presented by the 4-H member to show staff for check-in at the local 4-H horse shows. Contact your local Extension Office if you need help filling out it.

FOLLOW MEMBER MEDIA CONSENTS IN 4-H ONLINE FOR PHOTOS, SOCIAL MEDIA, AWARDS, NEWS RELEASES, ETC.

4-H Club Leaders and Officers are encouraged to share the exciting activities your club is up to by emailing a photo and short success story to your 4-H Program Coordinator. Remember to submit news releases about your 4-H club to the local newspaper! Club Leaders will be shared membership lists AND membership consents after the November 15 enrollment deadline. The consents will determine when/how each member allows their name, photos, etc. to be shared at the club, county, district, and state level. 4-H Club Leaders and Officers MUST follow and respect the consents. Once membership is approved in 4-H Online, the consents cannot be changed during the program year.



POST ROCK DISTRICT 4-H NEWSLETTER

STATE AND DISTRICT NEWS

4-H OFFICERS, SIGNATORIES, AND MEETING DATES

After a club elects officers and sets meeting dates for the year, please share the information with the local Extension Office. This helps us provide support and assist families. It is important to include the following items in official club meeting minutes as a reflection of discussion and motions at a fall meeting.

- Recognize who will be Club Leaders for the program year (Need 2+ registered/screened/approved leaders).
- Recognize the financial account signatories for the program year. (Include 2 registered/screened/approved adult volunteers. Youth can also be included. NO adults or youth signatories can be immediate family members.)
- Recognize regular meeting dates, meeting location, and how members can expect club information to be shared during the program year.

4-H FINANCIAL REVIEWS DUE

In early October, 4-H Club Leaders received a Post Rock District 4-H Notice regarding the required annual financial review. Each 4-H Club and 4-H Council MUST complete this review annually by use of a committee. Post Rock District will provide the committee to conduct the review if you would like us to provide this service. If you have questions, contact your local Extension Office. The Post Rock District 4-H Youth Development Agent will review all committee reports, and then Post Rock District Governing Board will approve the financial status of each group. These were requested to be turned in by November 1, so please take care of it as soon as possible.

CIVIL RIGHTS NOTICE

4-H Club Leaders received a Post Rock District 4-H Notice of Civil Rights by email. This should be discussed at a fall 4-H Club and/or 4-H Council meeting. Please make a motion to affirm understanding, sign the document, and turn it into the Extension Office. We appreciate having all forms submitted by December 1!

4-H/KSRE CO-BRANDING REQUIRED ON APPAREL AND AWARDS

The use of the K-State Research and Extension/Kansas 4-H co-wordmark is required on all 4-H print, digital, apparel, and merchandise. This requirement applies to all designs created at the local club, county, district, area, and state levels. Communicate with your local Extension Office BEFORE ordering any items to ensure your club, council, fair board, etc. are using licensed vendors and that all designs include the required co-wordmark. We are developing a form to assist with sharing information to the office in advance of your order. It will be emailed to 4-H Club Leaders, shared with 4-H Councils, and posted on our website in November.

ARE YOUR CLUB BYLAWS AND CONSTITUTION ON FILE AT THE EXTENSION OFFICE?

The beginning of the 4-H year is an excellent time for 4-H Clubs and Councils to review their bylaws and constitution. Your bylaws and constitution must align with Kansas 4-H and K-State Research and Extension policies. A current copy of the constitution and bylaws must be kept on file in the local Extension Office. Check to ensure the copy on file and the copy in the club's possession are the same, current version. If you cannot find your documents, the club should make it a priority to develop them using templates available from the 4-H Program Coordinators or 4-H Youth Development Agent. Contact your local Post Rock District Office if you have questions.

NOTIFY EXTENSION OFFICE IN ADVANCE OF ANY 4-H FUNDRAISER

All 4-H Club and 4-H Council funds must be fund-raised and used in accordance with K-State Research and Extension and Kansas 4-H Policy. To help ensure all policies and best practices are followed, we ask that ALL fundraiser plans be shared with the Extension Office BEFORE the fundraiser. We are developing a form to assist with sharing information to the office in advance of your event/activity. It will be email to 4-H Club Leaders, shared with 4-H Councils, and posted on our website.